



BLOODWOOD TREE BANTER

MARCH 2019 NEWSLETTER

MENTAL HEALTH SUPPORT MAKES A DIFFERENCE

For close to 12 months, Bloodwood Tree has been offering our clients mental health support services as a part of our Alcohol, Other Drug and Mental Health Support Services team. Sarah Thomas fills the role of the Bloodwood Tree dedicated Cultural Mental Health Worker position.

Sarah's position is made possible through a partnership Bloodwood Tree has with Mission Australia - Pilbara and is part of the Integrated Primary Mental Health Care - Pilbara. Bloodwood Tree acknowledges the WA Primary Health Alliance (WAPHA) for providing funding in its role as the operator of the Country WA Primary Health Network for this unique position.

Sarah's role is an important one within Bloodwood Tree, as it provides a dedicated focus predominately on facilitating

the connection of our clients to locally available services and supports. It does this through one-on-one case management and community engagement. The service is therapeutic, flexible, and appointments are often held out of the office, in a comfortable setting such as the park or the beach. Activities such as beading and aromatherapy are also available.

Two of Sarah's clients have recently participated in the Bloodwood Tree Hospitality Work Ready Program at North Regional Tafe Pundulmurra Campus. They are enjoying the course and gaining qualifications for future employment as a result. Participating in an activity such as the Work Ready Program has improved their wellbeing and empowered them to look forward to future possibilities.

A recent appointment with a client was held at Pretty Pool, the client's favourite fishing spot. Being flexible with appointments and meeting at places where the client feels comfortable, helps tremendously with the therapeutic sessions being delivered.

The clients of the Bloodwood Tree mental health support services are provided with a collaborative, empowering, and tailored service for their healing and wellbeing. This is making a huge difference for our clients.



2019 WORK READY PROGRAMS KICK STARTED

Bloodwood Tree has been a hive of activity this past month, as the first Work Ready Program for 2019 began.

The Bloodwood Tree Work Ready Programs are tailored in a partnership with North Regional Tafe and various local employers, to assist currently unemployed adult participants to enter into meaningful local employment.

This year, the Work Ready Programs are a combination of initial preparation at Bloodwood Tree followed by guided learning at Pundulmurra Tafe.

Initially at Bloodwood Tree for the first three weeks, participants are assisted with physical fitness, job applications (including cover letter, resume, assistance addressing selection criteria and mock interviews), obtaining photo identification, National Police Clearance checks, receiving computer basic support and participation in sessions about work place etiquette, drugs/alcohol and mental health (work-life balance).

Depending on the requirements of the employer, participants either enter the workplace by undertaking work experience or undergo training in specific units at the North Regional Tafe Pundulmurra Campus. Our current crop of work ready participants are completing four weeks of studies, guided practical experience activities and gaining important qualifications such as



First Aid and RSA (Responsible Service of Alcohol). After successfully completing the 5 to 8 week Work Ready Program matched to the participants' desired employment field and a supportive local employer, participants leave Bloodwood Tree confident, experienced and eager to be successful future employees.

The first Work Ready Program for 2019 has focused on catering, kitchen and food preparation. Future programs will focus on construction, trades, administration, plant operation and gardening.

To learn more about the Bloodwood Tree Work Ready Programs planned for 2019 or how Bloodwood Tree can help you, a family member or a loved one to enter into employment, please contact our friendly Bloodwood Tree Employment and Training Support Services team.

CHRISTMAS SUPPORT PROGRAM A HUGE SUCCESS

Last Christmas was the third year that Bloodwood Tree coordinated the Hedland Community Christmas Assistance Program on behalf of all the local service and welfare agencies. The 2018 Hedland Community Christmas Assistance Program saw those in need provided with applications for assistance via referrals from local service and welfare organisations. This ensured that families and individuals in need were assisted without duplication.

The 2018 Hedland Community Christmas Assistance Program helped 170 individuals, 54 families and supplied presents to more than 192 children from Port and South Hedland. This occurred via the provision of toys from the KMART – South Hedland Wishing

Tree Appeal, as well as Coles 'Food Only' gift cards. The Coles 'Food Only' gift cards were generously supported by Lotterywest, Roy Hill and FMG. Their collective efforts ensured that Christmas was a much brighter occasion for a significant number within our local community.

Planning has already commenced for the 2019 Hedland Community Christmas Assistance Program.

FEBRUARY BLOODWOOD TREE CLIENT SERVICES

Alcohol & Other Drug Services	
Counselling appointments	49
Drug & Alcohol Education sessions	12
Community Visits – Marble Bar	3
Community Visits – Yandeyarra	4
Community Visits – Warralong	3
Stakeholder Meeting attendance	5
Cultural Mental Health Services	
Clients Assisted	11
Yandeyarra Centrelink	
Clients Assisted	7
Aboriginal Training & Employment	
Resume Assistance	27
Work Ready Program Participants	16
Clients Into Employment	3
Aboriginal Youth Career Plans	8
Jobs displayed	46
Driver Training	
Justice interventions	46
Driving Lessons delivered	73
Driver Education Workshops delivered	2
Vehicle Licences obtained	2
Administration	
Identification provided	312
Emergency relief cards	18
Wapa Maya/Sobering Up Centre	
Homeless Support Breakfast program	424
Sobering Up Centre overnight stays	177
Housing Support	
Healthy Living participants	10
Community Patrol	
Water Bottles distributed CBD	1153
Referrals from Sth Hedland CBD	22
Community Patrol Service pick ups	1417



Have you liked us on Facebook? Follow our Bloodwood Tree Facebook page and keep up-to-date with updates of activities, photos and upcoming events. For information on the specific programs, please phone Bloodwood Tree on 9138 3000 or email: reception@bloodwoodtree.org.au

Want to help and support Bloodwood Tree? The Bloodwood Tree is a tax deductible community services organisation. All donations \$2 and greater received are eligible. Bloodwood Tree relies on grants, sponsorships and donations to fund its work. To find out how you can volunteer, sponsor or donate to help Bloodwood Tree continue its important work in our community, please contact CEO – Kelly Howlett on 9138 3010 - or email: ceo@bloodwoodtree.org.au | Bloodwood Tree proudly acknowledges the financial support received from the Australian Federal Government & the Western Australian State Government.