



BLOODWOOD TREE BANTER

J U N E 2 0 1 8 N E W S L E T T E R

RED DUST HEALING COMING TO HEDLAND



Tom Powell

Through generous support from the Mental Health Commission, Bloodwood Tree and the Wirraka Maya Aboriginal Health Service are bringing renowned Warramunga Man from the Wiradjuri Nation - Tom Powell and his 'Red Dust Healing' - to South Hedland.

Originally designed by Tom Powell and enhanced with collaboration from Randal Ross, 'Red Dust Healing' is a specific cultural healing program. It uses self-evaluating awareness derived from an ancient Aboriginal perspective to help individuals explore and heal unresolved hurt, anger, grief, loss and issues in their lives.

The program introduces participants to visual holistic tools that provide understanding and empowers individuals to make better choices in their lives. The tools for the Hedland workshops will also provide a focus on anxiety, fear and suicide safeguarding

Although the program comes from an Aboriginal perspective, the program is not only for Aboriginal people. These workshops are for all people. Bloodwood Tree and Wirraka Maya hope that a number of men from

the community attend the specialised three-day mens workshop.

To date, 'Red Dust Healing' has been delivered to over 13,000 people in more than 400 communities Australia-wide and internationally.

Community members, service agencies and local businesses are invited to attend this highly anticipated program.

There is a one day workshop - 9am- 4pm Monday, 25 June. A more intensive and specialised men-only three day workshop is scheduled 9am - 4pm Tuesday, 26 June to Thursday, 28 June. This workshop enables participants to delve deeper into the 'issues' and 'causes.' It includes a 'mat walk' where Tom Powell - in an incredible powerful process, 'walks the mat' with each individual.

Both workshops are free, but places are strictly limited and spots for these highly recommended workshops will fill fast. For further information and/or to book, please contact the Bloodwood Tree Alcohol and Other Drug Support Service on 9138 3006 or email: daadmin@bloodwoodtree.org.au. To see or learn more about Red Dust Healing, please visit: www.thereddust.com

Experiencing anxiety, worry or distress? Our Anxiety Management Classes can assist you to manage your anxiety and meet people who understand. For bookings or more information, contact the Bloodwood Cultural Mental Health Worker - 9138 3000.

FREE WORKSHOPS
HELP FOR THOSE SUFFERING FROM ANXIETY
TUESDAYS 10AM-12PM

WORKING TOGETHER TO BEAT THE FLU

This year, in conjunction with the South Hedland Sonic Health Clinic, all Bloodwood Tree staff were provided with the opportunity to be vaccinated with the 'free' flu injection. This first-time initiative by Bloodwood Tree saw 79% of staff take up the offer.

Recently, the WACHS - Pilbara Public Health unit partnered with Bloodwood Tree to provide free flu vaccinations to vulnerable and at-risk clients as a part of the Hedland Homeless Breakfast Program service at Wapa Maya. This service proved very popular and over the two visits to the Hedland Homeless Breakfast Program, a great many clients were given their free flu jab.

Feedback from the clients was positive. Most would rather avoid the flu but often, circumstances such as a transient lifestyle means many clients were unable to access regular health care services.



ESS PROGRAM LEADS TO JOBS

The 2018 ESS 'Work Ready' Program has been underway the past few weeks and, as a result, the Bloodwood Tree Employment and Training Support Services team has been very busy.

In a partnership with North Regional Tafe and ESS Compass Services, Bloodwood Tree assists unemployed adult participants into meaningful local employment at the BHP local Port Haven camp facility.

The first stage of the ESS 'Work Ready' Program commenced 22 May and ran until 6 June 2018. During this time, 11 local Aboriginal personnel participated each Tuesday and Wednesday. Assisted by our staff, they worked on their work fitness, online application (cover letter and resume), obtained photo identification, National Police Clearance checks, completed their Tafe enrolment, received computer basics support, underwent training in interview techniques and heard talks on drugs/alcohol and mental health (work-life balance). Following interviews by ESS, from 11 to 28 June, participants then

undertake the second stage of the program with further training at North Regional Tafe. The Pundulumurra Tafe Campus continues the 'Work Ready' preparation with units on workplace etiquette, protocols, health/safety, plus fitness and physical activity. The participants will celebrate and acknowledge their achievements at a Graduation Ceremony on 29 June. Following completion of medicals, D&A tests and National Police Clearance checks, the participants are employed at Port Haven. Positions include: ground keeping, kitchenhand, housekeeping, hospitality and commercial cleaning.



BLOODWOOD TREE CLIENT SERVICES : MAY

Alcohol & Other Drug Services	
Counselling appointments	75
Drug & Alcohol Education sessions	16
Community Visits - Marble Bar	2
Community Visits - Yandeyarra	5
Community Visits - Warralong	5
Stakeholder Meeting attendance	17
Cultural Mental Health Services	
Clients Assisted	7
Yandeyarra Centrelink	
Clients Assisted	20
Aboriginal Training & Employment	
Resume Assistance	32
Work Ready Program Participants	13
Clients Into Employment	1
Aboriginal Youth Career Plans	15
Jobs displayed	86
Driver Training	
Justice interventions	53
Driving Lessons delivered	74
Driver Education Workshops delivered	2
Vehicle Licences obtained	21
Administration	
Identification provided	238
Emergency relief cards	20
Wapa Maya/Sobering Up Centre	
Homeless Support Breakfast program	469
Sobering Up Centre overnight stays	103
Housing Support	
Healthy Living participants	21
Community Patrol	
Water Bottles distributed CBD	944
Referrals from Sth Hedland CBD	7
Community Patrol Service pick ups	1,503



Have you liked us on Facebook? Follow our Bloodwood Tree Facebook page and keep up-to-date with updates of activities, photos and upcoming events. For information on the specific programs, please phone Bloodwood Tree on 9138 3000 or email: reception@bloodwoodtree.org.au
Want to help and support Bloodwood Tree? The Bloodwood Tree is a tax deductible community services organisation. All donations \$2 and greater received are eligible. Bloodwood Tree relies on grants, sponsorships and donations to fund its work. To find out how you can volunteer, sponsor or donate to help Bloodwood Tree continue its important work in our community, please contact CEO - Kelly Howlett on 9138 3010 - or email: ceo@bloodwoodtree.org.au | Bloodwood Tree proudly acknowledges the financial support received from the Australian Federal Government & the Western Australian State Government.